

## Active Holidays in Český Krumlov and Its Surroundings

Are you looking for an active holiday and experiencing the unique atmosphere of the historic town at the same time? Head to Český Krumlov. Water sports, cycling, hiking, rock climbing, horseback riding, tennis, golf, volleyball, skating... Český Krumlov offers everything that will send your endorphins surging be it in winter or summer.

Krumlov is truly a paradise for all water sports lovers. You can enjoy a cruise through the meanders of the Vltava River while enjoying the sights on its banks by canoe, raft or paddleboard. The Krumlov's five weirs and other watery fun right in the centre of the town guarantee a good time. You can rent boats and all the equipment you will need right in town. If you are a beginner in water sports or would like to try one of the newer ways of rafting, you can even take advantage of booking a trip with an instructor. The indoor swimming pool and water parks in the area will ensure that you won't be idle in Krumlov even outside the summer season.

Are you a fan of rock climbing and like to discover new possibilities? Come to Krumlov. You will find the first via ferrata in Krumlov on Havraní Skála on the right bank of the Vltava River opposite the Krumlov brewery. The route is intended for more experienced individuals, but complete beginners can give it a go as well, accompanied by an experienced instructor you will not be denied this 110-metre long route on the rocks with the Krumlov tower as a backdrop.

If you like walking, running or Nordic walking, you can fully enjoy the atmosphere of picturesque and preserved nature all around you in Krumlov and its surroundings. The gently undulating landscape invites you to go hiking, jogging or walking. For starters, you can "run" up Křížová hora, the hill above Krumlov with the Chapel of Our Lady of Sorrows. If that's not enough, just choose one of the surrounding trails full of natural beauty and sights. You will be rewarded with magical views all around.

You can also discover the beauty of the region by bike, scooter or inline skates. For mountain bike enthusiasts, there are more demanding cycling trails in the vicinity of Krumlov, while families with children and inline skaters will appreciate the easy cycling trails along the nearby Lipno Lake. If you don't want to exert yourself too much, you can also do the more demanding tours on an e-bike. You will find a sufficient network of rental and charging stations in Krumlov and nearby. And if you want to explore a bit further afield, you can use one of the South Bohemian cycle buses.

In summer, in winter, on warm days or in the rain, in short, whenever you like, you can make your stay in Krumlov more interesting with some of the well-known or lesser-known sports and physical activities. Do you like tennis, volleyball, disc golf, squash, golf or bowling? It is all available here. A nine-hole disc golf course in the quiet surroundings of the Deer Garden below the Krumlov castle offers an entertaining and until recently little known activity of disc-golf to all interested. Whether you come to Krumlov with your children, grandchildren, friends or work colleagues, you can be sure that you will not be bored during this physical activity.

It is said that the most beautiful view of the world is from horseback. In Krumlov, you can indulge in the pleasure of a ride at a nearby outdoor or indoor riding arena or head directly into the field to explore the views of Krumlov on one of the sightseeing tours. Golf lovers won't miss out in Český Krumlov either. There is a friendly 18-hole golf course, suitable for experienced players and beginners alike, just five kilometres from the town centre. So pack and bring your clubs and balls!

Krumlov and the surrounding region are not only alive with culture and sights. It is home to active people and sportsmen and hosts many sporting events every year. From big events such as the Český Krumlov Rally or the Water Marathon, to disc golf and tennis tournaments, to neighbourhood sports competitions. Everyone can join in either as a spectator or competitor.